

Basic Life Support (BLS)

The Basic Life Support (BLS) for Healthcare Providers Classroom Course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.

Intended Audience

This course is for healthcare professionals who need to know how to perform CPR, as well as other lifesaving skills, in a wide variety of in-hospital and out-of-hospital settings.

Course Content:

- Key changes in basic life support
- Critical concepts of high-quality CPR
- 1-Rescuer CPR and AED for adult, child and infant



- 2-Rescuer CPR and AED for adult, child and infant
- Differences between adult, child and infant rescue techniques
- Bag-mask techniques for adult, child and infant

- Rescue breathing for adult, child and infant
- Relief of choking for adult, child and infant
- CPR with an advanced airway

Course Length :- 6 - 8 hours

Student Materials

- BLS for Healthcare Providers Manual
- Course Completion Card - On course completion valid globally.
- Written / Skills Exam

Advanced Cardiac Life Support(ACLS)

ACLS is an advanced, instructor-led classroom course that highlights the importance of team dynamics and communication, systems of care and immediate post-cardiac-arrest care. It also covers airway management and related pharmacology. In this course, skills are taught in large, group sessions and small, group learning and testing stations where case-based scenarios are presented.

Intended Audience

ACLS is designed for healthcare professionals who either direct or participate in the management of cardiopulmonary arrest and other cardiovascular emergencies. This includes personnel in emergency response, emergency medicine, intensive care and critical care units.

Course Content:

- Basic life support skills, including effective chest compressions, use of a bag-mask device and use of an (AED)

- Recognition and early management of respiratory and cardiac arrest



- Recognition and early management of peri-arrest conditions such as symptomatic bradycardia
- Airway management
- Related pharmacology
- Management of acute coronary syndromes (ACS) and stroke
- Effective communication as a member and leader of a resuscitation team
- Effective Resuscitation Team Dynamics

Course Length :- 16 hours

Student Materials

- ACLS Provider Manual, Required or ACLS Text, Reference
- Course Completion Card - On course completion valid globally.
- Written / Skills Exam - Required for completion card.

Pediatric Advanced Life Support Course (PALS)

Pediatric Advanced Life Support (PALS) is a classroom, video-based, Instructor-led course that uses a series of simulated pediatric emergencies to reinforce the important concepts of a systematic approach to pediatric assessment, basic life

support, PALS treatment algorithms, effective resuscitation and team dynamics.

The goal of the PALS Course is to improve the quality of care provided to seriously ill or injured children, resulting in improved outcomes.

Intended Audience

The PALS Course is for healthcare providers who respond to emergencies in infants and children. These include personnel in emergency response, emergency medicine, intensive care and critical care units such as physicians, nurses, paramedics and others who need a PALS course completion card for job or other requirements

Course Content:

- 1 - and 2 - rescuer child CPR and AED use
- 1 - and 2 - rescuer infant CPR
- Cardiac, respiratory and shock case discussions and simulations



- Management of respiratory emergencies
- Resuscitation team concept
- Rhythm disturbances and electrical therapy
- Systematic Approach to Pediatric Assessment
- Vascular access

Course Length :- 16 hours

Student Materials

- PALS Provider Manual, Required or PALS Text, Reference
- Course Completion Card - On course completion valid globally.
- Written / Skills Exam - Required for completion card.

Heartsaver First Aid with CPR & AED

Heartsaver First Aid CPR AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives.

Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use.

Intended Audience

This course is for anyone with limited or no medical training who needs a course completion card in first aid, CPR and AED use to meet job, regulatory or other requirements. Persons assigned to respond to emergencies in the workplace or community as well as those who want to learn first aid, CPR and AED skills. Some rescuers are required to take this course as part of their employer's efforts to comply with Occupational Safety and Health Administration (OSHA) regulations, e.g., corporate employees, security guards, airline personnel, lifeguards and other individuals who want or need first aid training.

Course Content:



- First aid basics
- Medical emergencies
- Injury emergencies
- Environmental emergencies
- Adult CPR and AED use
- Optional modules in child CPR and AED use and infant CPR
- Optional written test

Course Length :- 8 hours

Student Materials

- Heart saver First Aid With CPR and AED Provider Manual
- Course Completion Card - On course completion valid globally.
- Written / Skills Exam - Required for completion card.

Heartsaver CPR

Heartsaver CPR AED is a classroom, video-based, instructor-led course that teaches adult CPR and AED use, as well as how to relieve choking on an adult. This course teaches skills with AHA's research-proven Practice-While-Watching

(PWW) technique, which allows instructors to observe the students, provide feedback and guide the students' learning of skills.

Intended Audience

This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements.

Course Content:



- Adult CPR and AED use
- Optional modules in child CPR and AED use and infant CPR, including child and infant choking
- Optional written test

Course Length :- 4 hours

Student Materials

- Heartsaver CPR and AED Provider Manual
- Course Completion Card - On course completion valid globally.
- Written / Skills Exam - Required for completion card.

Basic Life Support (BLS) Instructor & Advanced Cardiac Life Support (ACLS) Instructor

An Instructor course teaches the methods needed to effectively instruct others in resuscitation courses.



Instructor Course Prerequisites: Before attending the discipline-specific classroom portion of an instructor Course, all instructor candidates must

- Be accepted by an Training center before taking the course
- Have current provider status in the discipline they wish to teach
- Have completed an Instructor Candidate Application
- Complete the online essential module
- Be proficient in all the skills of the disciplines they will teach

Student Materials

- Instructor Material
- Course Completion Card- On course completion valid